

Friday, December 6, 2019

Time	Room No.	Room No.
5:00pm	Registration	Registration
6:00pm	Middle Distance William Nealy, Ph.D	Long Jump/Triple Jump Robert Beal, Ph.D
7:00pm	Starting with Poisez Paul Poisez	Youth Injury Prevention Andrew Magaha
8:00pm	High Jump Carl Smith, Ed.D	Weight Room & Strength Milton Williams

Saturday, December 7, 2018

Time	Room No.	Room No.
8:00am	Registration	Registration
9:00am	Pole Vault Richard Swanker	Parent Support & Coaching Melita Johnson
10:00am	Clearing House Rapp Curry, AD	Injury Prevention & Performance Improvement Shon Grosse, MS, ATC
11:00am	College Prep for Student Athlete Deworski Odom	Youth Injury Prevention Andrew Magaha
12:00pm	Lunch	Lunch
1:00pm	Middle Distance William Nealy, Ph.D	Life of a Student Athlete Dennis Manyeah
2:00pm	LJ/TJ Robert Beal, Ph.D	Tempo for Short Sprints Milton Williams
3:00pm	High Jump Dennis Manyeah	Weight Room & Strength Milton Williams
4:00pm	Keynote Speaker	Latavia Thomas